

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:4, starttime: 10:13
Heat: 4/20 Lane : 5 Athlete: VASQUEZ ANNA			Q-time: 01:32:73
PB (50m pool): 01:32.73 Wezenberg 01/02/2026			PB (25m pool): 01:33.56 SB: 01:32.73 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:46.07	01:32.73	
	00:46.07	00:46.66	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:16, starttime: 10:42
Heat: 16/20 Lane : 3 Athlete: LYTVYNIUK-HUL SOFIA			Q-time: 01:21:35
PB (50m pool): 01:21.35 Olympic Pool Wezenberg, Antwer 29/01/2026			PB (25m pool): 01:30.46 SB: 01:21.35 Olympic Pool Wezenberg, Antwer 29/01/2026
	5 0 M	1 0 0 M	
PB	00:39.41	01:21.35	
	00:39.41	00:41.94	
			

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12				Heat:3, starttime: 11:01
Heat: 3/12 Lane : 6 Athlete: VAN OOSTERWYCK ALEXANDER				Q-time: 03:04:67
PB (50m pool): 03:04.67 Antwerpen 08/03/2026				PB (25m pool): 02:58.95 SB: 03:04.67 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:38.12	01:26.37	02:19.85	03:04.67
	00:38.12	00:48.25	00:53.48	00:44.82
				

Coach feedback:

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Event number: 21: 100M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 11:40
Heat: 3/9 Lane : 6 Athlete: VERRET JULIE			Q-time: 01:25:21
PB (50m pool): 01:25.91 Wezenberg 05/01/2025			PB (25m pool): 01:21.90 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:25.91	
	no time		
			

Coach feedback: